



Full Sun ☀

Average Water 💧💧

SEDAN FLORAL GROWN SAFE™
CHOCOLATE MINT

Mint is an accent herb used for its culinary, medicinal, and aromatic properties. Chocolate Mint is another great mint but with distinct chocolate overtones. Like all mints, this one is also a perennial plant. Chocolate Mint tends to creep along the ground rather than grow upwards, but does grow to be 12-18" tall. You may want to grow this mint in a container. It can also grow in almost any soil. Mints develop their best colors and flavors when grown in the sun. Bees and butterflies love mint flowers. This one is easy to grow and spreads rapidly.

Where to Plant

- Border or Bed
- Container
- Focal Point
- Fragrant
- Great Foliage
- Ground Cover
- Mass Planting

Complimentary Foods

- | | | |
|--------------------|-------------|------------------|
| Beans | Ices | Pilafs |
| Carrots | Ice Creams | Pork |
| Chocolate | Lamb | Potatoes |
| Cream sauce | Lemon Sauce | Rice |
| Duck | Lentils | Salsas |
| Eggplant | Mushrooms | Tomatoes |
| Fish soups & stews | Oranges | Vegetable salads |
| Fruit salads | Peas | Vegetables |
| Goat | Peppers | Yogurt dressings |

Cuisine

- Caribbean
- Greek
- Thai
- Vietnamese

Flavor Pals

- Basil
- Chocolate
- Cilantro
- Garlic
- Parsley



A fresh and healthy way to better living™