



Shade

Moist Water 

SEDAN FLORAL GROWN SAFE™

CORSICAN MINT

Mint is an accent herb used for its culinary, medicinal, and aromatic properties. Corsican Mint, like other mints, is a perennial herb that is wonderful for cooking or as a garnish. This 4-6" tall herb may have small delicate leaves, but don't let it fool you, it has a potent mint aroma and grows vigorously. Corsican spreads and roots through its trailing stems so this lovely mint is excellent for use as a ground-cover! Use its flavorful leaves with veggies or try it in a delicious Mint Julep.

Where to Plant

- Border or Bed
- Container
- Focal Point
- Fragrant
- Great Foliage
- Ground Cover
- Mass Planting

Complimentary Foods

- |                    |             |                  |
|--------------------|-------------|------------------|
| Beans              | Ices        | Pilafs           |
| Carrots            | Ice Creams  | Pork             |
| Chocolate          | Lamb        | Potatoes         |
| Cream sauce        | Lemon Sauce | Rice             |
| Duck               | Lentils     | Salsas           |
| Eggplant           | Mushrooms   | Tomatoes         |
| Fish soups & stews | Oranges     | Vegetable salads |
| Fruit salads       | Peas        | Vegetables       |
| Goat               | Peppers     | Yogurt dressings |

Cuisine

- Caribbean
- Greek
- Thai
- Vietnamese

Flavor Pals

- Basil
- Chocolate
- Cilantro
- Garlic
- Parsley



A fresh and healthy way to better living™