



Full Sun ☀

Dry Water 💧

SEDAN FLORAL GROWN SAFE™

SAGE

This holiday herb has been used for medicinal and culinary purposes for ages, making it a “must have” in any garden. Named the “Herb of the Year” in 2001, sage is a fragrant, bushy plant that rarely grows above 2-3'. Its pale green leaves range about 2" long and ½" across blooming in late summer. This perennial thrives in sunny locations with very well-drained soil. Young plants, however, need a steady amount of moisture until they are established. Medicinally, Sage is used in teas to soothe sore throats and coughs as well as the treatment of sprains, swelling, ulcers and bleeding. The medicinal uses are practically endless.

Where to Plant

- Border or Bed
- Container
- Edging
- Focal Point
- Fragrant
- Great Foliage
- Ground Cover
- Mass Planting

Cuisine

Southwestern US

Complimentary Foods

- | | | |
|----------|---------|----------|
| Duck | Liver | Toasts |
| Eggplant | Peas | Stuffing |
| Fish | Pork | Tomatoes |
| Game | Poultry | Tuna |
| Goose | Ravioli | Veal |

Flavor Pals

- Anchovy
- Garlic
- Parsley
- Rosemary
- Thyme



A fresh and healthy way to better living™